

Building Psychological Safety for High Performing Teams



**SAFE SPACES.
STRONG TEAMS.
SUSTAINABLE
SUCCESS.**

Workplace culture thrives when people feel safe to speak up. Building Psychological Safety for High-Performing Teams explores how trust and open communication drive collaboration, innovation, and results. Participants gain practical tools to create environments where everyone feels valued, supported, and empowered to contribute their best.

Developed by SHIFT, the only HR compliance training company founded by employment attorneys, this course goes beyond checking the box to deliver lasting behavior change that protects culture, reduces risk, and helps businesses thrive.

TRAINING OVERVIEW

Strong organizations grow from strong teams. This course explores what drives high performance through trust, psychological safety, and continuous learning. Learners discover how open communication and collaboration spark innovation—and gain tools to help their teams and organizations thrive.

LEARNING OBJECTIVES

Self-paced eLearning with interactive scenarios and reflection points.

- **Define** the core characteristics of a high-performing team
- **Explain** the role of psychological safety in team effectiveness
- **Recognize** how a growth mindset supports learning and adaptability
- **Apply practical strategies** to enhance collaboration, trust, and performance within their teams

WHITE GLOVE CUSTOMIZATION & IMPLEMENTATION

Industry's most advanced customization—tailored to your brand, your people, your policy.
With dedicated support team for seamless implementation.

BUILDING CULTURE THROUGH CONTINUED LEARNING

Training sparks growth—our Learning Journeys sustain it. Partner with SHIFT to design custom, expert-led programs that strengthen culture, deepen connection, and drive meaningful business outcomes.



10 - 40
Minutes



Full Length
Mobile Friendly



Instant Certificate
Download



English, Spanish
(Others available)



Fully WCAG 2.1
AA Compliant

Flexible SCORM
delivery options

Hosted by SHIFT
or your LMS

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