

Course Overview

# SHIFT in Minutes Tuned In Teams: Effective Listening



## STRENGTHEN YOUR TEAM WITH TRAINING THAT BUILDS EFFECTIVE LISTENING AND EMPOWERS CLEAR, COLLABORATIVE COMMUNICATION

Good listening is more than hearing—it’s the foundation of trust, collaboration, and culture. Tuned In Teams: Effective Listening is a 10-minute microlearning course that teaches simple habits to strengthen communication, build trust, and boost team performance.

As part of SHIFT in Minutes, it delivers practical tools that fit seamlessly into the workday to shift mindsets and create lasting impact.

### TRAINING OVERVIEW

Strong communication starts with effective listening. In just 10 minutes, this interactive course helps employees overcome barriers, practice key techniques, and build stronger workplace relationships.

### LEARNING OBJECTIVES

Self-paced eLearning with interactive scenarios and reflection points.

- **Recognize** the impact of effective listening on workplace relationships
- **Understand** different types of effective listening
- **Identify common barriers** to good listening
- **Practice techniques** to improve their listening skills

### WHITE GLOVE CUSTOMIZATION & IMPLEMENTATION

Industry’s most advanced customization—tailored to your brand, your people, your policy. With dedicated support team for seamless implementation.

### SHIFT IN MINUTES

Additional 10-minute power skills courses that build communication, strengthen workplace culture, and provide practical tools employees can apply right away.

[Belonging in Action: Advancing Inclusive Workplaces](#)  
[Conversations that Count: Giving and Receiving Feedback](#)



10 Minutes



Full Length Mobile Friendly



Instant Certificate Download



English, Spanish (Others available)



Fully WCAG 2.1 AA Compliant

Flexible SCORM delivery options

Hosted by SHIFT or your LMS

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